



Overstrand Hospice News Brief

Exciting developments for Overstrand Hospice!!

We are thrilled to announce the launch of an exciting new chapter in our growth journey. The beginning of our **new building project!**

After months in the planning phase, we are overjoyed to have met the requirements of the building department to both provide adequate space as well as sufficient parking bays for our new offices.

This project reflects our commitment to innovation, sustainability and community. The new space will not only allow us to expand our services but create a more comfortable space and easier access for our patients and staff alike.

Construction is set to begin in August and completion expected within one year. Regular updates will be shared as the project progresses.

We express our gratitude to the many foundations, trusts and loyal and ongoing support from our community to make this dream a reality.

The enlistment of **Design Ateljee**, **WRAP** and **Thys van Rooyen Consulting** as well as various other contractors have immensely aided us with their services on a pro bono basis.

We're excited about what this means to our future, and we can't wait to welcome you to the new space when its complete.

We thank the Overstrand Community for being a part of our journey.

If there are any donors looking for a worthy and necessary cause to support, or contribute towards, please contact our General Manager, Fran Tong on 028 312 4679.

Sharon Small Smille, Director, Overstrand Hospice.

July 2025

Shop Donations



To arrange pick-up

of any goods you wish to donate to us, please contact Petro or Ellenique on 028 3131884

No item is too big or too small!

Visit our online Shop

shop in the comfort of your home at all hours while supporting a good cause!

Contact Suzette on 028 312 4679



Hospice care is often misunderstood. A common myth is that it's only for the last few days of life, but it can be initiated earlier, offering support and comfort during a life-limiting illness. It's not about giving up hope or hastening death; rather, it focuses on improving quality of life, managing symptoms, and providing emotional and spiritual support. Hospice care can be provided at home or in various facilities, not just in a designated hospice facility.

No patient will ever be rejected on the basis of race, religion, age, sexual orientation, culture, gender or financial status.



Patient Care

Patient Care Stats

January 2025—July 2025

Home visits: 902

Active patients:

Average 90 patients per month

New patients: 150

Calls: 903

Patient Care Wishlist

Batteries
for Syringe Drivers
90 Volts Alkaline

Contact Sr. Esme Potgieter
028 312 4679

Our Hospice Shop

What a winter it has been in Hermanus and the Overberg! The rain and cold have certainly impacted on the shop and we have had numerous quiet days. Even our exciting half-price sales have not always filled the shop with eager customers. Also, our collections and donations are down as people stay indoors to keep warm. Despite this, the shop has provided an excellent service by having a full range of winter clothing which has been popular for those requiring warmth for their families. We still have some winter clothing available and it is worth braving the weather to find a bargain.

While winter is still with us for some time yet, our staff and volunteers are already looking to stock our storage shelves with clothing for summer and once again we rely on your generosity when clearing your wardrobes.

Just contact **Petro or Ellenique on 028 3131884** at the shop and they will arrange for any donations to be collected from your home. Also, please follow us on Facebook and Instagram, where you will be the first to hear about special items and bargains. **Our Hospice Online Shop continues to provide a range of collectables, silverware and jewellery. Visit <https://overstrandhospice.org.za/shop/>. Contact Suzette on 028 312 4679** for further information.

The Hospice Shop is only as good as its generous donors and loyal customers. We are grateful to you all and particularly the donations from local businesses. We hope that you share in our joy. If Winter is here, can Summer be far behind?
Dave Shutte, Vice -chairman.

2025 Palliative Care Conference



Overstrand Hospice's Fran Tong (above) presented research on the impact of bereavement training in South African context.

The 2025 Palliative Care Conference was held in Durban from 18–21 June, drawing around 350 delegates from across South Africa and beyond. Centred on the theme **“Revolution. Evolution. Solution.”**, the conference inspired powerful dialogue and action around adult and paediatric palliative care. Each day focused on a theme. Pre-conference workshops explored key topics like ethical resilience and cultural competence. Global and local voices enriched the programme, with highlights including Kerala's community-based care model, Ubuntu-inspired African-centric frameworks, a new paediatric hospice initiative, telehealth solutions, and enhanced bereavement support practices. The conference also celebrated connection with social events like the Mzansi Mixer and visits from therapy dogs bringing moments of joy and calm. **Esther Naude, Social Worker**

Celebrating Mandela Day

Overstrand Hospice celebrated Mandela Day as well as the 30th anniversary of the 1995 World Cup.



Our shop as well as our online shop offered 50% discount to our supporters on their purchases on Mandela day



We welcome a new member in our team!



My name is Penny van Rensburg and I have recently joined the Overstrand Hospice team to assist with raising awareness and income generation, with a specific focus on securing bequests and cooperate fundraising. Having personally experienced the value of Hospice services and care, it is a cause I wholeheartedly support and through income generation, wish to further enable provision of palliative care, a critical and valuable service, to patients and their families having to deal with a life-threatening illness. My success here depends entirely on the generosity of the community, so please get in touch with me on 028 312 4679.

Leave a Legacy to Overstrand Hospice made in love and memory

A gift in your Will can take on a number of different forms:

A specified sum of money
A percentage of the value of your Estate
Specific gift of property, art, shares or bonds, antiques etc.
The residue of your estate after provision for family and other beneficiaries
Your gift will provide quality in life and dignity in death to patients
Diagnosed with a life threatening illness, as well as support in bereavement to their families.

Overstrand Hospice has been approved by the South African Revenue Service as a Public Benefit Organization. **All Bequests are exempt from Estate Duty.**
Please contact Penny on 028 312 4679 for further information.



Winners:

MAY

1st N Stark
2nd C Tong
3rd G Starck

JUNE

1st VH Fenner
2nd Y Martheze
3rd MF von Brandis

JULY

1st M Symington
2nd I Wilson
3rd J Cronje

Enter to Win!

Join our 600Club!

All that is required is a small contribution of
R50 per month or R600 a year.

The 600club also offers you the opportunity to win one of the following monthly cash prizes:
R5 000, R2 500 and R1 000.

Buy tickets in your own name, in the name of a club or buy a voucher as a gift. All monies raised go towards the care of our patients.

To join: Please contact Suzette on 028 312 4679 or visit our offices at 10 Hope Street, Hermanus.

We thank our loyal members who continue to support us. Every ticket bought makes a difference in the life of a patient.



Beanies for Patients!

The amazing ladies "Yarns of Love" (bollings van liefde), under the leadership of Colleen De Kock and the Pearly Beach Angling club, got together to knit and crochet 80 beanies for our patients. We salute this group of ladies for their selfless efforts in support of our patients. The beanies were distributed to patients by our Patient Care team.

We thank you from the bottom of our hearts for this labour of love!



Get Involved!

There are various ways to get involved and assist Overstrand Hospice

Support our Events

Upcoming Events:

Rugby Chat
14 August 2025
Remembrance Service
7 September 2025
Voices For Hospice
12 October 2025
Quiz Evening
27 November 2025

Make a Donation



Banking details:
Overstrand Hospice
ABSA BANK Hermanus
Account no: 406 593 2088

Support our Hospice Shop

3 Aberdeen Street
Hermanus
Contact Petro on 028 313 1884

Support our online shop

Join our 600Club

Make provision in your will for a Bequest

Donate your time

